GRANT COUNTY FIRE DISTRICT 3

PREGNANCY JOB REPONSIBILITIES FORM

JOB PERFORMANCE RISKS

Listed below are routine fire ground and emergency medical service delivery duties which all members are subject to performing. While this list is not exhaustive, it does include typical duties. These duties are performed in all weather conditions, including extremes of heat, cold and precipitation. Fire ground activities are performed while wearing approximately 50 pounds of required protective clothing, including self-contained breathing apparatus. Fire ground activities typically last from 30 minutes to several hours.

- Lifting a variety of equipment. One person's share of the weight load could be 35 – 40 pounds, however, it is not uncommon for a firefighter to have to carry equipment weighing 65 pounds or more. This is in addition to 50 pounds of protective clothing.
- Climbing ladders while lifting/carrying a hose line, another ladder, or other equipment weighing 30 – 40 pounds.
- Wielding an ax, shoveling burned debris, moving furniture, bending, twisting, pushing and pulling, frequently in awkward positions.
- Assisting another firefighter in pulling 200 feet of water filled hose. Weight of hose and water will be approximately 360 pounds.
- Upward thrusting of "pike poles" into ceilings to open an access to attic spaces.
- Crawling through and performing tasks in confined spaces.
- Walking on roofs and other often wet surfaces where footing is precarious. Walking in smoke-filled rooms with very limited visibility while carrying equipment and/or performing emergency tasks.
- Climbing several flights of stairs carrying hose, rescue saws, ladders, other equipment weighing as much as 65 – 75 pounds.
- Frequent exposure to excessive heat during fire related operations. As these operations are in a moisture-filled atmosphere, higher temperatures may be generated. In these excessively hot environments, core body temperature can elevate to over 101ºF.
- Lifting patients under emergency response conditions. Patient weight is generally 200 pounds, but weights up to 400 pounds are not uncommon. While additional personnel are usually available to assist with particularly heavy patients, the confined spaces in which the lifting may occur puts may put an additional burden.
- Frequent exposure to communicable diseases through airborne or bloodborne routes of transmission. Personal protective equipment, including gloves, eye protection and masks are required by the department on EMS calls.

A firefighter/EMS provider is a member of an emergency response team and it is imperative that each member of the team be capable of effective job performance. At both fire and medical emergencies, the unrestricted performance of each member may be necessary to perform life saving activities in which seconds are critical. A member should not be released to full duty if there would be any restrictions placed on performing any of the listed duties.

If you have any questions related to these job responsibilities and your patient's ability to fulfill these functions, Grant County Fire District 3 would desire notification.

As physician of _____ (patient's name)

I acknowledge and understand the contents of the Firefighter Performance Risk.

Physician Name: _____ Physician signature: _____

Office Phone:_____ Date:_____

Patient may ( ) may not ( ) continue to perform firefighting duties